

## Positive Alternatives 2016 - 17 Quarterly Update

**Grantee (Name and city):** First Choice Pregnancy Services, New Ulm

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**Goal:** To provide a quality education/mentoring program to pregnant and parenting women

**For the period/quarter:** 1<sup>st</sup> Quarter: July 1, 2017 – September 30, 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
<b>Administrative Activities</b>	Provide guidance to grant staff Attend required grant meetings Assure payroll is completed Hire new grant staff			
<b>Outreach</b>	Promotion of PA programming in the community Update website to be bilingual.  Advertise bilingual services on radio and internet			
<b>Car Seat Program</b>	Refer participants for car seat education classes  Verify car seat safety training by certified practitioner/technician	2	FCPS continues to refer to Brown County Public Health for training with a Child Passenger Safety Technician. Will receive the proper training on installing and use of car seats and client then will receive certification from the technician and given credit in the Earn While You Lean Program.	3

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	Provide car seat to participants who need child passenger seat			
<b>Crib Distribution/ Sleep Safety Education</b>	Enroll participants in Earn While You Learn program  Provide safe sleep education  Provide pack-n-play, crib and mattress, or similar infant safe sleep environment	2	Clients continue to learn about crib safety and receive safe sleep education. We encourage our clients to share this education learned with any person who will care for their infant. To receive a crib or pack and play must complete lesson and demonstrate a safe sleep environment.	1
<b>Life-Skills Education Program</b>	Provide monthly group support meetings with speakers addressing various life skills topics including: nutrition, budgeting, relationship building, and accessing Community resources	15	It was a busy summer which didn't allow for a scheduled Moms Group.	0
<b>Material Support</b>	Provide baby and maternity clothing to pregnant and parenting women Provide diapers, wipes, and formula to parenting women	5	Women know that they can come to FCPS to receive necessary baby items when they lack funds needed to purchase these items. Referrals to our program are generated by agencies, schools, churches and clinics.	10
<b>Mentoring Programs</b>	Assess client needs through intake process Develop individual lesson plan for client	8	Women to receive a positive pregnancy test along with women to come to the center knowing they are pregnant offered the opportunity to be mentored through our Earn While You Learn Program. Our Staff arranges or will discuss and make referrals for WIC appointments, Doctor visits and Earn While You Learn Program.	5

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	Provide referrals to local organizations, agencies, and services Connect clients to resources in the community Maintain relationship with client			
<b>Parenting Education</b>	Provide parenting education in an incentive program  Education topics include: car seat safety, safe sleep/SIDS, home safety, child abuse prevention and shaken baby prevention.  Provide Spanish EWYL	10       2	Clients are learning parenting and safety skills. Our clients watch DVDS and complete worksheets and discuss information from each lesson with trained staff and volunteers.	54  0
<b>Pregnancy Education</b>	Provide pregnancy education in an incentive program  Education topics include: nutrition during pregnancy, smoking and alcohol cessation, child birth classes and breast feeding  Spanish EWYL: Provide pregnancy education in an incentive program  Education topics include: nutrition during pregnancy, smoking and alcohol cessation, child birth classes and breast feeding	10       2	First Choice Pregnancy Clients are receiving valuable information on pregnancy and health related concerns for both client and baby. Area family service programs refer clients to FCPS. We encourage to share information with all family members.	51  0

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<b>Provide Necessary Services to all clients</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	13	All new clients are provided with intake assessments they then can choose to sign up in the Earn While You Learn program or to utilize other services offered.	15
<b>Provide Necessary Services Assessments Only</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	6	All clients with intake assessments. All women are provided with information regarding other services available throughout the area.	3
<b>Ultrasound</b>	Provide assessment, counseling, and ultrasound scans for confirmation of pregnancy, estimation of age, and evaluation of interval growth.	7	We provide limited OB Ultrasound scans. Women are encouraged to use this valuable service.	17

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	1
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	3
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	3
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	9
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	1
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	9

#### **Challenges:**

- **We are having issues with having a person commit to Moms Group. Along with this is trying to find a day and time that works for our working clients they don't want to give up their evenings and weekends.**

#### **Comments:**